Curriculum Map

Foundation Stage

real PE®

create development

Multi-ability Cog Focus & Learning Journeys

◆ Exceeding ■ Expected ▲Working towards

		Weeks	Fundamental Movement Skill Focus	Theme
Unit 1	**Personal** ● I can follow instructions, practise safely and work on simple tasks by myself ◆ ● I enjoy working on simple tasks with help ■	1-3	Coordination: Footwork **(FUNS Station 10)**	The Birthday Bike Surprise
		4-6	Static Balance: One Leg **(FUNS Station 1)**	Pirate Pranks!
Unit 2	**Social** ● I can work sensibly with others, taking turns and sharing ◆ ● I can play with others and take turns and share with help ■	7-9	Dynamic Balance to Agility: Jumping and Landing **(FUNS Station 6)**	Journey to the Blue Planet
		10-12	Static Balance: Seated **(FUNS Station 2)**	Monkey Business!
Unit 3	**Cognitive** ● I can understand and follow simple rules and can name some things I am good at ◆ ● I can follow simple instructions ■	13-15	Dynamic Balance: On a Line **(FUNS Station 5)**	Tilly the Train's Big Day
		16-18	Static Balance: Stance **(FUNS Station 4)**	Thembi Walks the Tightrope
Unit 4	**Creative** ● I can explore and describe different movements ◆ ● I can observe and copy others ■	19-21	Coordination: Ball Skills **(FUNS Station 9)**	Clowning Around!
		22-24	Counter Balance: With a Partner **(FUNS Station 7)**	Wendy's Water-ski Challenge
Unit 5	**Applying Physical** ● I can perform a single skill or movement with some control. I can perform a small range of skills and link two movements together ◆ ● I can move confidently in different ways ■	25-27	Coordination: Sending and Receiving **(FUNS Station 8)**	John and Jasmine Learn to Juggle
		28-30	Agility: Reaction/Response **(FUNS Station 12)**	Ringo to the Rescue
Unit 6	**Health and Fitness** ● I am aware of why exercise is important for good health ◆ ● I am aware of the changes to the way I feel when I exercise ■	31-33	Agility: Ball Chasing **(FUNS Station 11)**	Sammy Squirrel and his Rolling Nuts
		34-36	Static Balance: Floor Work **(FUNS Station 3)**	Caspar the Very Clever Cat

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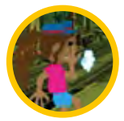
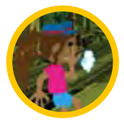
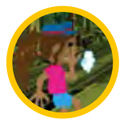
Unit 1

Lesson	Warm-up	Skill	Application	Review
1 (Baseline assessment)	I'm Riding on my Bike	Coordination: Footwork (FUNS 10) – Exploring Movements	I'm Riding on my Bike song	Time Shares
2	I'm Riding on my Bike	Coordination: Footwork (FUNS 10) – Birthday Bike Surprise	Off for a Ride game	Time Shares
3	I'm Riding on my Bike	Coordination: Footwork (FUNS 10) – Birthday Bike Surprise	Off for a Ride game	Time Shares
4	Pirate Adventure	Static Balance: One Leg (FUNS 1) – Exploring Movements	Oh! You'll Never Get to Sea song	Time Shares
5	Pirate Adventure	Static Balance: One Leg (FUNS 1) – Pirate Pranks	Oh! You'll Never Get to Sea song	Time Shares
6 (Revisit assessment)	Pirate Adventure	Static Balance: One Leg (FUNS 1) – Pirate Pranks	Popping Pirates game	Time Shares

Unit 2

Lesson	Warm-up	Skill	Application	Review
1 (Baseline assessment)	Moon Adventure	Dynamic Balance to Agility: Jumping and Landing (FUNS 6) – Exploring Movements	I Jumped Aboard a Rocket Ship song	Taps for Congrats
2	Moon Adventure	Dynamic Balance to Agility: Jumping and Landing (FUNS 6) – Journey to the Blue Planet	I Jumped Aboard a Rocket Ship song	Taps for Congrats
3	Moon Adventure	Dynamic Balance to Agility: Jumping and Landing (FUNS 6) – Journey to the Blue Planet	Home Planet game	Taps for Congrats
4	Fun in the Jungle	Static Balance: Seated (FUNS 2) – Exploring Movements	Five Cheeky Monkeys song	Taps for Congrats
5	Fun in the Jungle	Static Balance: Seated (FUNS 2) – Monkey Business!	Five Cheeky Monkeys song	Taps for Congrats
6 (Revisit assessment)	Fun in the Jungle	Static Balance: Seated (FUNS 2) – Monkey Business!	Cheeky Monkey Says game	Taps for Congrats

Unit 3

Lesson	Warm-up	Skill	Application	Review
1 (Baseline assessment)	Puffing Along 	Dynamic Balance: On a Line (FUNS 5) – Exploring Movements	Five Little Puffer Trains song	Questions Carousel
2	Puffing Along 	Dynamic Balance: On a Line (FUNS 5) – Tilly the Train's Big Day	Five Little Puffer Trains song	Questions Carousel
3	Puffing Along 	Dynamic Balance: On a Line (FUNS 5) – Tilly the Train's Big Day	Puffing Along game	Questions Carousel
4	Line Out	Static Balance: Stance (FUNS 4) – Exploring Movements	Children on a Rope song	Questions Carousel
5	Line Out	Static Balance: Stance (FUNS 4) – Thembi Walks the Tightrope	Children on a Rope song	Questions Carousel
6 (Revisit assessment)	Line Out	Static Balance: Stance (FUNS 4) – Thembi Walks the Tightrope	Mirror, Mirror on the Wall game	Questions Carousel

Unit 4

Lesson	Warm-up	Skill	Application	Review
1 (Baseline assessment)	Clown's Naughty Ball	Coordination: Ball Skills (FUNS 9) – Exploring Movements	Shoulders, Tummy, Knees and Toes song	Badge of Honour
2	Clown's Naughty Ball	Coordination: Ball Skills (FUNS 9) – Clowning Around	Shoulders, Tummy, Knees and Toes song	Badge of Honour
3	Clown's Naughty Ball	Coordination: Ball Skills (FUNS 9) – Clowning Around	Add a Move game	Badge of Honour
4	Off to the Seaside	Counter Balance: With a Partner (FUNS 7) – Exploring Movements	Hold on Tight song	Badge of Honour
5	Off to the Seaside	Counter Balance: With a Partner (FUNS 7) – Wendy's Water-ski Challenge	Hold on Tight song	Badge of Honour
6 (Revisit assessment)	Off to the Seaside	Counter Balance: With a Partner (FUNS 7) – Wendy's Water-ski Challenge	The Never-ending Relay Race game	Badge of Honour

Unit 5

Lesson	Warm-up	Skill	Application	Review
1 (Baseline assessment)	Big Top Time	**Coordination: Sending and Receiving (FUNS 8) –** Exploring Movements	**Big Top Time** game	**Gift Cards**
2	Big Top Time	**Coordination: Sending and Receiving (FUNS 8) –** John and Jasmine Learn to Juggle	**Big Top Time** game	**Gift Cards**
3	Big Top Time	**Coordination: Sending and Receiving (FUNS 8) –** John and Jasmine Learn to Juggle	**Dice Dance** game (integrating sending and receiving activities)	**Gift Cards**
4	Magic Bean	**Agility: Reaction/Response (FUNS 12) –** Exploring Movements	**RINGO** song (with clap and sit down/ stand up/turn around)	**Gift Cards**
5	Magic Bean	**Agility: Reaction/Response (FUNS 12) –** Ringo to the Rescue	**RINGO** song (with clap and sit down/ stand up/turn around)	**Gift Cards**
6 (Revisit assessment)	Magic Bean	**Agility: Reaction/Response (FUNS 12) –** Ringo to the Rescue	**Dice Dance** game (integrating agility activities)	**Gift Cards**

Unit 6

Lesson	Warm-up	Skill	Application	Review
1 (Baseline assessment)	The Hairy, Scary Woods	**Agility: Ball Chasing (FUNS 11) –** Exploring Movements	**Two Cheeky Squirrels** song	**Always, Sometimes, Rarely**
2	The Hairy, Scary Woods	**Agility: Ball Chasing (FUNS 11) –** Sammy Squirrel and his Rolling Nuts	**Two Cheeky Squirrels** song	**Always, Sometimes, Rarely**
3	The Hairy, Scary Woods	**Agility: Ball Chasing (FUNS 11) –** Sammy Squirrel and his Rolling Nuts	**Collecting Nuts for Winter** game	**Always, Sometimes, Rarely**
4	Little Kitties Time to Play	**Static Balance: Floor Work (FUNS 3) –** Exploring Movements	**Hungry, Hungry Caspar Cat** song (children moving on all 4s)	**Always, Sometimes, Rarely**
5	Little Kitties Time to Play	**Static Balance: Floor Work (FUNS 3) –** Casper the Very Clever Cat	**Hungry, Hungry Caspar Cat** song (children moving on all 4s)	**Always, Sometimes, Rarely**
6 (Revisit assessment)	Little Kitties Time to Play	**Static Balance: Floor Work (FUNS 3) –** Casper the Very Clever Cat	**Pass the Hoop** game	**Always, Sometimes, Rarely**