

Dorney School P.E. Curriculum Overview

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>EYFS</b>	<b>Unit 1 Personal</b> FUNS 10 Coordination and footwork FUNS 1 Static balance – one leg No formal lesson – plan into outside provision	<b>Unit 2 Social</b> FUNS 6 Dynamic balance – agility jumping and landing FUNS 2 Static balance – seated No formal lesson – plan into outside provision	<b>Unit 3 Cognitive</b> FUNS 5 Dynamic balance on a line FUNS 9 Co-ordination – ball skills <b>Real Gym – Unit 1</b>	<b>Unit 4 Creative</b> FUNS 8 Coordination sending and receiving FUNS 7 Counter balance with a partner <b>Gym 2</b>	<b>Unit 5 Physical</b> FUNS 12 Agility – reaction and response FUNS 3 Static balance floor <b>Real Dance – Unit 1</b>	<b>Unit 6 Health And Fitness</b> FUNS 11 Agility ball chasing FUNS 4 Static balance – stance <b>Field Games</b>
<b>Year 1</b>	<b>Unit 1 Personal</b> FUNS 10 Coordination and footwork FUNS 1 Static balance – one leg <b>Real Gym – Unit 1</b>	<b>Unit 2 Social</b> FUNS 6 – Dynamic balance – agility jumping and landing FUNS 2 Static balance – seated <b>Real Dance – Unit 1</b>	<b>Unit 3 Cognitive</b> FUNS 5 Dynamic balance on a line FUNS 9 Co-ordination – ball skills <b>Real Gym – Unit 2</b>	<b>Unit 4 Creative</b> FUNS 8 Coordination sending and receiving FUNS 7 Counter balance with a partner <b>Ball skills – passing and movement</b>	<b>Unit 5 Physical</b> FUNS 12 Agility – reaction and response FUNS 3 Static balance floor <b>Field Games</b>	<b>Unit 6 Health And Fitness</b> FUNS 11 Agility ball chasing FUNS 4 Static balance – stance <b>Field Games</b>
<b>Year 2</b>	<b>Unit 1 Personal</b> FUNS 10 Coordination and footwork FUNS 1 Static balance – one leg <b>Real Gym – Unit 1</b>	<b>Unit 2 Social</b> FUNS 6 – Dynamic balance – agility jumping and landing FUNS 2 Static balance – seated <b>Real Dance – Unit 1</b>	<b>Unit 3 Cognitive</b> FUNS 5 Dynamic balance on a line FUNS 9 Co-ordination – ball skills <b>Cricket (SSP)</b>	<b>Unit 4 Creative</b> FUNS 8 Coordination sending and receiving FUNS 7 Counter balance with a partner <b>Real Gym 2</b>	<b>Unit 5 Physical</b> FUNS 12 Agility – reaction and response FUNS 3 Static balance floor <b>Games</b>	<b>Unit 6 Health And Fitness</b> FUNS 11 Agility ball chasing FUNS 4 Static balance – stance <b>Athletics</b>
<b>Year 3</b>	<b>Unit 1 Personal</b> FUNS 10 Coordination and footwork FUNS 1 Static balance – one leg <b>Real Gym – Unit 1</b>	<b>Unit 2 Social</b> FUNS 6 – Dynamic balance – agility jumping and landing FUNS 2 Static balance – seated <b>Real Gym – Unit 1</b>	<b>Unit 3 Cognitive</b> FUNS 5 Dynamic balance on a line FUNS 9 Co-ordination – ball skills <b>Cricket (SSP)</b>	<b>Unit 4 Creative</b> FUNS 8 Coordination sending and receiving FUNS 7 Counter balance with a partner <b>Real Dance</b>	<b>Unit 5 Physical</b> FUNS 12 Agility – reaction and response FUNS 3 Static balance floor <b>Tennis</b>	<b>Unit 6 Health And Fitness</b> FUNS 11 Agility ball chasing FUNS 4 Static balance – stance <b>Athletics</b>
<b>Year 4</b>	<b>Unit 1 Personal</b> FUNS 10 Coordination and footwork FUNS 1 Static balance – one leg <b>Games - Dodgeball</b>	<b>Unit 2 Social</b> FUNS 6 – Dynamic balance – agility jumping and landing FUNS 2 Static balance – seated <b>Real Dance – Unit 1</b>	<b>Unit 3 Cognitive</b> FUNS 5 Dynamic balance on a line FUNS 9 Co-ordination – ball skills <b>Real Gym – Unit 1</b>	<b>Unit 4 Creative</b> FUNS 8 Coordination sending and receiving FUNS 7 Counter balance with a partner <b>Real Gym – Unit 2</b>	<b>Unit 5 Physical</b> FUNS 12 Agility – reaction and response FUNS 3 Static balance floor <b>Netball</b>	<b>Unit 6 Health And Fitness</b> FUNS 11 Agility ball chasing FUNS 4 Static balance – stance <b>Athletics 3/4</b>
<b>Year 5</b>	<b>Unit 1 Personal</b> FUNS 9 Coordination -ball skills	<b>Unit 2 Social</b> FUNS 2 Static balance – seated	<b>Unit 3 Cognitive</b> FUNS 5 Dynamic balance on a line	<b>Unit 4 Creative</b>	<b>Unit 5 Physical</b>	<b>Unit 6 Health and Fitness</b>

	<p>FUNS 12 Agility – reaction/response</p> <p><b>Benchball</b></p>	<p>FUNS 3 Static balance floor</p> <p><b>Real Dance – Unit 1</b></p>	<p>FUNS 7 Counter balance with a partner</p> <p><b>Real Gym – Unit 1</b></p>	<p>FUNS 4 Static balance – stance. Seated balance and floor work.</p> <p>FUNS 10 Coordination and footwork</p> <p><b>Real Gym - Unit 2</b></p>	<p>FUNS 1 Static balance – one leg</p> <p>FUNS 6 – Dynamic balance – agility jumping and landing</p> <p><b>Cricket</b></p>	<p>FUNS 8 Coordination sending and receiving</p> <p>FUNS 11 Agility ball chasing</p> <p><b>Athletics</b></p>
<p><b>Year 6</b></p>	<p><b>Unit 1 Personal</b></p> <p>FUNS 9 Coordination -ball skills</p> <p>FUNS 12 Agility – reaction/response</p> <p><b>Real Gym – Unit 1</b></p>	<p><b>Unit 2 Social</b></p> <p>FUNS 2 Static balance – seated</p> <p>FUNS 3 Static balance floor</p> <p><b>Real Dance – Unit 1</b></p> <p><b>Swimming / Netball</b></p>	<p><b>Unit 3 Cognitive</b></p> <p>FUNS 5 Dynamic balance on a line</p> <p>FUNS 7 Counter balance with a partner</p> <p><b>Real Dance</b></p>	<p><b>Unit 4 Creative</b></p> <p>FUNS 1 Static balance – one leg</p> <p>FUNS 6 – Dynamic balance – agility jumping and landing</p> <p><b>Real Gym – Unit 2</b></p>	<p><b>Unit 5 Physical</b></p> <p>FUNS 4 Static balance – stance</p> <p>FUNS 10 Coordination and footwork</p> <p><b>Tennis</b></p>	<p><b>Unit 6 Health and Fitness</b></p> <p>FUNS 8 Coordination sending and receiving</p> <p>FUNS 11 Agility ball chasing</p> <p><b>Athletics</b></p>