



PSHE Curriculum Map

YEAR GROUP	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Reception	Think Equal Growth Mindset Learning Pit Zones of Regulation Lyfta	Think Equal Growth Mindset Learning Pit Zones of Regulation Lyfta	Think Equal Growth Mindset Learning Pit Zones of Regulation Lyfta	Think Equal Growth Mindset Learning Pit Zones of Regulation Lyfta	Think Equal Growth Mindset Learning Pit Zones of Regulation Lyfta	Think Equal Growth Mindset Learning Pit Zones of Regulation Lyfta
Year 1	Relationships (Caring friendships, Being safe, families and people who care for me, Respectful relationships) Growth Mindset Learning Pit Zones of Regulation Lyfta	Relationships (Caring friendships, Being safe, families and people who care for me, Respectful relationships) Growth Mindset Learning Pit Zones of Regulation Lyfta	Living in the wider world (Respectful relationships, caring friendships, Respectful relationships, families and people who care for me) Growth mindset Learning Pit Zones of Regulation Lyfta	Living in the wider world (Respectful relationships, caring friendships, Respectful relationships, families and people who care for me) Growth mindset Learning Pit Zones of Regulation Lyfta	Health and Well-being Growth mindset Learning Pit Zones of Regulation Lyfta	Health and Well- being RSE- Christopher Winters Growth mindset Learning Pit Zones of Regulation Lyfta
Year 2	Relationships (Caring friendships, Being safe, families and people who care for me, Respectful relationships, Valuing difference) Growth Mindset Learning Pit	Relationships (Caring friendships, Being safe, families and people who care for me, Respectful relationships, Valuing difference) Growth Mindset Learning Pit	Living in the wider world (Respectful relationships, caring friendships, Respectful relationships, families and people who care for me) Growth mindset Learning Pit	Living in the wider world (Respectful relationships, caring friendships, Respectful relationships, families and people who care for me) Growth mindset Learning Pit	Health and Well-being Growth mindset Learning Pit Zones of Regulation Lyfta	Health and Well- being RSE- Christopher Winters Growth mindset Learning Pit Zones of Regulation Lyfta



	Zones of Regulation Lyfta	Zones of Regulation Lyfta	Zones of Regulation Lyfta	Zones of Regulation Lyfta		
Year 3	Relationships (Caring friendships, Being safe, families and people who care for me, Respectful relationships) Growth Mindset Learning Pit Zones of Regulation Lyfta	Relationships (Caring friendships, Being safe, families and people who care for me, Respectful relationships) Growth Mindset Learning Pit Zones of Regulation Lyfta	Living in the wider world (Respectful relationships, caring friendships, Respectful relationships, families and people who care for me) Growth mindset Learning Pit Zones of Regulation Lyfta	Living in the wider world (Respectful relationships, caring friendships, Respectful relationships, families and people who care for me) Growth mindset Learning Pit Zones of Regulation Lyfta	Health and Well-being Growth mindset Learning Pit Zones of Regulation Lyfta	Health and Well- being RSE- Christopher Winters Growth mindset Learning Pit Zones of Regulation Lyfta
Year 4	Relationships (Caring friendships, Being safe, families and people who care for me, Respectful relationships) Growth Mindset Learning Pit Zones of Regulation Lyfta	Relationships (Caring friendships, Being safe, families and people who care for me, Respectful relationships) Growth Mindset Learning Pit Zones of Regulation Lyfta	Living in the wider world (Respectful relationships, caring friendships, Respectful relationships, families and people who care for me) Growth mindset Learning Pit Zones of Regulation Lyfta	Living in the wider world (Respectful relationships, caring friendships, Respectful relationships, families and people who care for me) Growth mindset Learning Pit Zones of Regulation Lyfta	Health and Well-being Growth mindset Learning Pit Zones of Regulation Lyfta	Health and Well- being RSE- Christopher Winters Growth mindset Learning Pit Zones of Regulation Lyfta
Year 5	Relationships (Caring friendships, Being safe,	Relationships (Caring friendships, Being safe,	Living in the wider world (Respectful	Living in the wider world (Respectful	Health and Well-being	Health and Well- being RSE- Christopher Winters



	families and people who care for me, Respectful relationships) Growth Mindset Learning Pit Zones of Regulation Lyfta	families and people who care for me, Respectful relationships) Growth Mindset Learning Pit Zones of Regulation Lyfta	relationships, caring friendships, Respectful relationships, families and people who care for me) Growth mindset Learning Pit Zones of Regulation Lyfta	relationships, caring friendships, Respectful relationships, families and people who care for me) Growth mindset Learning Pit Zones of Regulation Lyfta	Growth mindset Learning Pit Zones of Regulation Lyfta	Growth mindset Learning Pit Zones of Regulation Lyfta
Year 6	Relationships (Caring friendships, Being safe, families and people who care for me, Respectful relationships) Growth Mindset Learning Pit Zones of Regulation Lyfta	Relationships (Caring friendships, Being safe, families and people who care for me, Respectful relationships) Growth Mindset Learning Pit Zones of Regulation Lyfta	Living in the wider world (Respectful relationships, caring friendships, Respectful relationships, families and people who care for me) Growth mindset Learning Pit Zones of Regulation Lyfta	Living in the wider world (Respectful relationships, caring friendships, Respectful relationships, families and people who care for me) Growth mindset Learning Pit Zones of Regulation Lyfta	Health and Well-being Growth mindset Learning Pit Zones of Regulation Lyfta	Health and Well- being RSE- Christopher Winters Growth mindset Learning Pit Zones of Regulation Lyfta